

2011 IKF INTERNATIONAL WEST COAST CLASSIC

Event Date: November 25th, 26th & 27th, 2011
 Event City: SACRAMENTO
 Event State: CALIFORNIA
 Event Country: USA

FIGHTERS FULL NAME _____

AGE: _____ - DOB: ____/____/____

FIGHTER: Please answer ALL of the following Questions Before your fighter physical check below

PLEASE CHECK YES or NO At Right To The Following Questions

YES

NO

| | | |
|--|--------------------------|--------------------------|
| Do you have medical insurance? | <input type="checkbox"/> | <input type="checkbox"/> |
| Any chronic medical conditions? (Diabetes, asthma, heart condition etc.) | <input type="checkbox"/> | <input type="checkbox"/> |
| If chronic medical conditions Please Explain: | | |
| Ever had any surgery | <input type="checkbox"/> | <input type="checkbox"/> |
| If Had Surgery Please Explain: | | |
| Ever been Hospitalized? | <input type="checkbox"/> | <input type="checkbox"/> |
| If Hospitalized Please Explain: | | |
| Ever had a fracture or dislocation? If yes, when? ____/____/____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever had a sprain or strain requiring special equipment or braces? If yes, when? ____/____/____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Any vision problems? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you wear contact lenses? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever passed out while exercising? If yes, when? ____/____/____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had chest pains while exercising? If yes, when? ____/____/____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever felt dizzy while exercising? If yes, when? ____/____/____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had wheezing or coughing while exercising? If yes, when? ____/____/____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever been told you have high blood pressure? | <input type="checkbox"/> | <input type="checkbox"/> |
| Ever feel as though your heart is skipping beats or have runs of irregular rhythm? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever been told you have a heart murmur? | <input type="checkbox"/> | <input type="checkbox"/> |
| Any family members die suddenly before the age of 50? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have a congenital defect such as a single kidney, undescended testicle or cardiac defect? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have any hernias, groin or abdominal? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had a head injury or concussion? If yes, when? ____/____/____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever been knocked unconscious? If yes, when? ____/____/____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had a pinched nerve or numbness or tingling in your arms, hands or feet? | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever had a heat stroke? If yes, when? ____/____/____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have any drug allergies? If yes, what: | <input type="checkbox"/> | <input type="checkbox"/> |

Fighters Signature: _____ **Print Name:** _____ **Date:** ____/____/____

MEDICAL QUESTIONS: Doctor, Paramedic or Nurse Only Below This Line

| Physical Check | RESULT | Physical Check | RESULT |
|-------------------------|--------|----------------------|--------|
| Fighters Weight | _____ | Fighters Eyes | _____ |
| Fighters Age | _____ | Fighters Heart | _____ |
| Fighters Pulse | _____ | Fighters Lungs | _____ |
| Fighters Blood Pressure | _____ | Fighters Hernia/Abd. | _____ |
| Fighters Hands | _____ | Physical Look | _____ |

D/P/N Signature: _____ **Print Name:** _____ **Date:** ____/____/____